

FUSIONYOGA

LUNEDI		MARTEDI		MERCOLEDI		GIOVEDI		VENERDI		SABATO	
CAMOZZI	FANTONI	CAMOZZI	FANTONI	CAMOZZI	FANTONI	CAMOZZI	FANTONI	CAMOZZI	FANTONI	CAMOZZI	FANTONI
	9.00-10.00 POWER YOGA	9.30-10.30 HATHA YOGA		7.25-8.25 YOGA DINAMICO		8.15-8.45 MEDITAZIONE					8.15-9.15 YOGA DINAMICO
10.15-11.15 YOGA NIDRA		10.40-11.40 YOGA PRENATALE		8.30-9.30 HATHA YOGA		9.30-10.30 YOGA DINAMICO		10.00-11.00 YOGA HEALING			9.20-10.20 HATHA YOGA
13.00-14.00 YOGA DINAMICO			13.00-14.00 HATHA YOGA	14.00-15.00 YOGA DINAMICO			13.00-14.00 POWER YOGA		3.00-14.00 YOGILATES	DOMENICA	
				15.10-16.10 HATHA YOGA					16.30-17.30 YIN YOGA		10.30-11.30 YOGA DINAMICO
18.00-19.00 YOGA DINAMICO			18.15-19.15 YOGA NIDRA					18.00-19.00 HATHA YOGA		18.00-19.00 HATHA YOGA	
19.10-20.10 HATHA YOGA					9.15-20.15 DINAMICO focus RESPIRO		19.10-20.10 HATHA YOGA		19.10-20.10 POWER YOGA		
20.20-21.20 DINAMICO focus RESPIRO			20.15-21.15 CANDLE LIGHT YOGA (In Inglese)					20.15-21.15 POWER YOGA			